



LIVEWELL

RMR Wellness Program



LiveWell

Our LiveWell program gives employees the opportunity to improve their wellbeing and participate in social impact initiatives. The program is designed for everyone no matter how much time you have to commit. LiveWell offers competitions, campaigns, and webinars to improve your health, knowledge, and wellbeing. Plus you can win some great prizes!

Visit the LiveWell wellness platform today at www.livewellrmr.com.



The RMR Group Matching Gift Program

The RMR Group recognizes the importance of aligning ourselves with the communities where we operate. Since 1999, we have donated more than \$2 million and volunteered thousands of hours to organizations addressing a wide array of needs. Through The RMR Group Matching Gift Program, we strive to continue supporting causes championed and advocated by our employees, matching up to an total of \$1,000 of cash donations and volunteered time combined, annually, per employee.

Visit the [Matching Gift page](#) to donate today!

DETAILS



Get Started!

Go to livewellrmr.com or RMR's employee portal to sign up for upcoming competitions and company-wide events.

Download the WeSpire Mobile App!

The WeSpire app can be accessed via the iOS App Store or the Play Store (Android) by searching for "WeSpire".

For organization name type "RMR". Continue and access via SSO (Single Sign-On).

Technical support is here to help!

WeSpire support is available at support@wespire.com to help with anything you need.