

20
25

BENEFITS GUIDE

Live Well and Thrive!

THE
RMR
GROUP



HMSA: 7/1/25-6/30/26
All Other Benefits: 5/1/25-4/30/26

YOUR 2025-2026 BENEFITS OVERVIEW

Where to Find...

Eligibility.....	3
Medical.....	5
Your Care Options.....	7
Flexible Spending Accounts (FSA).....	8
Dental.....	9
Vision.....	10
Bi-Weekly Contributions.....	11
Mental Health Resources.....	12
LiveWell Wellness Program.....	13
Life and Disability.....	14
401(k) Retirement Savings Plans.....	16
Accident Insurance.....	17
Critical Illness Insurance.....	17
Hospital Indemnity Insurance.....	18
Legal and Identity Theft.....	19
Additional Benefits.....	20
Contacts.....	21

Welcome to The RMR Group's Benefits Guide!

The RMR Group offers an extensive benefits package to ensure that your benefits align with your needs, from taking care of your health with wellness, medical, dental, and vision, to protecting your future with life and disability.

Please read this guide carefully. It has a summary of your plan options and includes helpful tips for getting the most value from your benefits plans. This guide is not your only resource, of course.

The information in this Benefits Guide describes only some of the key features of certain RMR Group benefit plans. If there is any conflict between this material and the official plan documents, the plan documents will govern.

The RMR Group has the right to amend or terminate the plans at any time, with or without notice. In addition, this Guide is not an employment contract, and employment is not guaranteed by your participation in any of the plans described in it.

ELIGIBILITY

You are eligible to participate in The RMR Group's benefits program if you are a regular employee scheduled to work at least 21 hours per week.

Your eligible dependents include:

- Your legally married spouse or domestic partner*; and
- Your children up to age 26, or disabled children of any age.

*Due to tax requirements, please contact a member of the Benefits Team if you would like to add coverage for a domestic partner. Domestic partners can be added to coverage as a new hire or during Open Enrollment.

Qualifying Life Events

We know that life changes can happen throughout the year. If you experience a qualifying life event (such as marriage, divorce, or the birth of a child), you can update your benefit elections **within 30 days** after the event, as long as the changes are consistent with the qualifying event. Most changes can be requested via your ADP Workforce Now account. Please contact the Benefits Team if you have questions.



Health Advocate

Electing your benefits

Choosing what benefits are right for you and your family can be confusing. For that reason, The RMR Group has partnered with Health Advocate to provide you with one-on-one benefits consultation. Health Advocate is available 24 hours a day, 365 days a year to help you make the best benefits decisions for you and your family.

You can visit the website at members.healthadvocate.com or call at 866.695.8622.

Assistance after enrollment

While choosing a plan is key, we understand that this is only the beginning. Throughout the year, you may also need assistance with how to best use your benefits to save the most money and get the best coverage.

We are pleased to offer employees access to Health Advocate **24/7/365** to assist with claims issues and help resolve benefits issues and questions. Health Advocate not only covers eligible employees, it also covers their spouses, dependent children, parents, and even parents-in-law.

Help is only a phone call away! Your Health Advocate benefit is offered by The RMR Group at no cost to you.

Key Terms to Know

Premium – The amount the insurance carrier charges each month for the medical plan. The RMR Group pays a significant percentage of these costs.

Deductible – An amount you pay out of pocket each year before benefits begin to be paid under the plan. Deductibles are based on a plan year.

Copay – A fixed amount you pay for covered services, typically when you receive the service.

Coinsurance – The percent share of a claim you pay after the deductible has been met.

Planning for Medicare?

The RMR Group understands that whether it be for yourself or a loved one, navigating Medicare can be confusing and time consuming. To help you and your loved ones better understand your Medicare options, Malloy Advisors is here to help.

Malloy Advisors is a national company that helps people to solve the Medicare puzzle. These advisors provide assistance at no cost, and there is no obligation to enroll in Medicare.

Licensed agents are available via phone or online at: malloymedicare.com

MEDICAL

HMSA | hmsa.com



Prevention

A little prevention usually goes a long way – especially in healthcare. Routine exams and regular preventive care provide an inexpensive review of your health. By identifying problems early on, they can often be treated at a lower cost.



Peace of Mind

Comprehensive healthcare also provides peace of mind. In case of an illness or injury, you and your family are covered with an excellent medical plan through The RMR Group.



Choice

The RMR Group offers a medical plan through HMSA with a wide range of providers to choose from.

The HMSA Plan Year runs July 1, 2025 - June 30, 2026.

The plan year for all other benefits is May 1, 2025 - April 30, 2026.

Key highlights of the In-Network benefits for each plan can be found on the following page. For further details, please review the Summary of Benefits Coverage for each plan provided by The RMR Group. These can be found on the Benefits Portal at myrmrbenefits.com.

All medical deductibles continue to align with the plan year, July 1 through June 30.

Providers outside of the HMSA network will be subject to an Indemnity Plan fee schedule.

Note about Out-of-Network Services

Out of network services are subject to a separate, higher, deductible and coinsurance amount. In addition, you may be balance billed for any overages that providers may charge. Balance billing occurs when a provider bills you for the balance remaining on a bill that your plan doesn't cover. This amount is the difference between the actual billed amount and the allowed amount set by HMSA. Please contact HMSA member services if you have any questions.

HMSA plan summary - Medical, Dental & Vision

In-Network Benefits	
Medical	
Deductible (Single / Family)	\$0
Out-of-Pocket Maximum (Single / Family)	\$2,500 / \$7,500 Medical \$3,600 / \$4,200 Prescription
Preventive Services	No charge
Office / Specialist Visit	\$12 copay
Diagnostic Test (X-ray / Blood Work / Imaging)	10% coinsurance Inpatient 20% coinsurance Outpatient
Inpatient / Outpatient Surgery	10% coinsurance (cutting) 20% coinsurance (non-cutting)
Emergency Services	20% coinsurance (Emergency Room) \$12 copay (Urgent Care)
Generic Prescription (30 day retail / 90 day mail order)	\$7 / \$11
Preferred Prescription (30 day retail / 90 day mail order)	\$30 / \$65
Non-Preferred Prescription (30 day retail / 90 day mail order)	\$30 / \$65
Preferred Specialty Drugs Prescription (30 day retail / mail order)	\$100 / Not covered
Non-Preferred Specialty Drugs Prescription (30 day retail / mail order)	\$200 / Not covered
Dental	
Calendar Year Maximum	\$1,500 per member
Preventive / Diagnostic (Cleaning, Exam, X-rays)*	Covered 100%
Minor Restorative (Fillings, Endodontics, Periodontics)	Covered 70%
Major Restorative (Inlay / Onlay, Crowns, Implants, Retainers)	Covered 50%
Rollover**	Up to \$500 per year with \$1,250 maximum
Vision	
Eye Exam (Every 12 months)	\$10 copay
Frames (Every 24 months)**	\$110 allowance
Lenses (Every 12 months)	\$25 copay
Contact Lenses (Every 12 months)	\$110 allowance

*Diabetes, Coronary Artery Disease, Pregnancy, Oral Cancer, and other diseases listed in the summary qualifies for cleaning or periodontal maintenance visit every 3 months

**For rollover to occur, claims must not exceed \$700 and you must receive at least one service during the calendar year

***Frames must be from designated group at participating providers

For full plan details, review the Summary of Benefits Coverage found at: myrmrbenefits.com

YOUR CARE OPTIONS

HMSA | [HMSA.com](https://www.hmsa.com)

When an emergency strikes, you need medical care fast and should always go to the nearest emergency room. But what if you have a minor injury or symptoms you're not sure of – where should you go then? While the answer is not always clear, knowing your options for seeking treatment could save you time and money.



Primary Care Provider (PCP)

Unless it's a true emergency, it's always best to call your doctor's office first, even after hours. Your PCP can help you access the best level of care for your situation.



Urgent Care

Most illnesses or injuries can be treated at an urgent care facility if your PCP is unable to take an appointment immediately, or if you're more concerned about the nature of your condition.



Emergency Room

Emergency care should be accessed when you need immediate treatment for serious illnesses and injuries.



FLEXIBLE SPENDING ACCOUNTS (FSA)

Optum Financial | optum.com

A Flexible Spending Account (FSA) allows you to set money aside on a pre-tax basis to pay for eligible healthcare and dependent care expenses. FSA funds are “use it or lose it”, meaning any funds that are not used on expenses that are incurred between May 1, 2025 and July 15, 2026 and submitted by July 31, 2026 will be forfeited.

Health Care

Maximum Annual Contribution

\$3,300

Qualified medical expenses, such as copays, deductibles, dental, vision, etc.

Dependent Care

Maximum Annual Contribution

\$5,000

Qualified expenses for child (under age 13) and elder care while you are at work, such as day care, nursery school, etc.

Irrevocable and Non-Refundable Benefit

Once you enroll in the FSA during Open Enrollment, you may not drop, add or change your election for the remainder of the plan year—May 1, 2025 to April 30, 2026—unless you have a qualified change in family status. Be sure to choose your election amount carefully, since unused funds will be forfeited if you do not use them by the deadline

DENTAL

Blue Cross Blue Shield of Massachusetts | bluecrossma.org

Good oral care enhances overall physical health, appearance and mental wellbeing. Problems with teeth and gums are common and easily treated health problems. The In-Network covered services and benefits, including full coverage for white fillings, are shown below. We are part of the Dental Blue Freedom Network.

In-Network Benefits		
	Core Plan	Premium Plan
Deductible		
Employee only	\$50	\$25
Family	\$150	\$75
Calendar Year Maximum	\$1,000 per member	\$2,000 per member
Type I Services (Preventative/Diagnostic)	Covered 100%	Covered 100%
Type II Services (Minor Restorative)	Covered 80%	Covered 100%
Type III Services (Major Restorative)	Covered 50%	Covered 60%
Orthodontia (Covers children up to age 19)	Not Covered	Covered 50% with a \$2,000 lifetime maximum

Rollover Maximum

Your BCBS MA plan allows you to roll over part of your unused spending to increase your benefits for the following year and beyond. To qualify for Rollover Max:

- You must receive at least one cleaning or one oral exam in the calendar year.
- Your maximum claims must not exceed the maximum amounts outlined below.
- Your unused portion of the annual maximum benefit dollars will roll over automatically for use in the next calendar year. Annual maximum dollars are used first, and the Rollover Max dollars are used after the annual maximum is met. You can track your rollover progress on your BCBS MA portal throughout the year.

	Core Plan	Premium Plan
If your total yearly claims do not exceed this amount:	\$500	\$800
Then you can roll over this amount to use next calendar year and beyond:	\$350	\$600
Your accumulated rollover total is capped at this amount:	\$1,000	\$1,500

VISION

Vision Service Provider (VSP) | [VSP.com](https://www.vsp.com)

Regular eye examinations can not only determine your need for corrective eyewear, but also may detect general health problems in their earliest stages. Protection for the eyes should be a priority for everyone.

In-Network Benefits		
	Cost	Frequency
Eye Exam	\$10 Copay	Every Plan Year
Lenses (Single, Bifocal, Trifocal)	\$25 Copay	Every Plan Year
Frame Allowance	Up to \$150 allowance with 20% savings on amount over your allowance	Every Plan Year
Contact Lens Exam	Up to \$60	Every Plan Year
Contact Allowance	Up to \$130 allowance	Every Plan Year
Laser Vision Correction	Average 15% off the regular price or 5% off the promotional price	

No Need for an ID Card

VSP does not provide physical member ID Cards. To receive benefits from an eligible VSP provider, you will use the last four digits of your Social Security Number.

Do I need the VSP plan?

HMSA provides a vision benefit when you enroll in the medical plan. Enrolling in VSP may give you and your family access to a wider range of providers and materials vendors than through HMSA alone.



BI-WEEKLY CONTRIBUTIONS

2025-2026 Medical Contributions (Per Paycheck)				
	Under \$75k	\$75k-\$124,999	\$125k-\$200k	Over \$200k
Employee Only	1.5% of salary	1.5% of salary	1.5% of salary to \$107.72	\$107.72
Employee + 1	\$93.75	\$169.22	\$173.07	\$183.16
Family	\$101.06	\$188.25	\$226.68	\$255.55

2025-2026 Dental Contributions (Per Paycheck)		
	Core Plan	Premium Plan
Employee Only	\$4.16	\$5.83
Employee + Spouse	\$8.27	\$12.74
Employee + Child(ren)	\$6.49	\$10.26
Family	\$11.03	\$17.37

2025-2026 Vision Contributions (Per Paycheck)	
Employee Only	\$1.80
Employee + Spouse	\$2.61
Employee + Child(ren)	\$2.87
Family	\$4.69



MENTAL HEALTH RESOURCES

The National Institute for Mental Health has a comprehensive list of nationwide resources [here](#).

If you ever require further advice on navigating mental healthcare services, Health Advocate is our 24/7/365 resource to provide you with one-on-one benefits consultation, especially when it comes to finding in-network care and understanding your claims and the resulting bills. Visit their website [here](#) or call 866-695-8622.

RMR's LiveWell program provides bimonthly challenges featuring activities on mindfulness, exercise and social engagement with your coworkers – all key parts to maintaining a healthy mind. Access the platform [here](#).

RMR also provides a Care.com subscription to help you find childcare, eldercare, tutoring, housekeeping, pet care, and daycare to take one more stressor out of the equation. It is a great resource to help lighten your mental load. RMR-specific Care.com info can be found [here](#).

Mental Health Resources at RMR					
Service	Provider	Eligibility	Description	Where to find it	Additional Info
Employee Assistance Program (EAP)	ComPsych through SunLife	All RMR employees are eligible to register and use these services.	The EAP gives 24/7 access to free and confidential help with personal, family and work issues. There are features to help you search for elder care, childcare, attorneys, college/universities and counselors. The EAP also gives wellness, relationship, financial, legal, lifestyle and home and auto advice. This program includes 3 free consultations.	EAP Link 877-595-5281 Under REGISTER, enter Organization Web ID: EAPBusiness Type in The R and choose The RMR Group from the drop-down menu.	EAP Flyer QR Code to download app: 

*Most consultations subject to copay.

LIVEWELL WELLNESS PROGRAM

The RMR Group

All employees have the opportunity to participate in our LiveWell wellness program

Participating in the LiveWell program can help you become more mindful of your health and wellbeing. Whether you are already actively engaging in a healthy lifestyle or looking for the motivation to become healthier, we want to provide you with a variety of wellness opportunities.

Wellness Portal

Our LiveWell program gives employees the opportunity to improve their wellbeing and participate in social impact initiatives. The program is designed for everyone no matter how much time you have to commit. LiveWell offers competitions, campaigns, and webinars to improve your health, knowledge, and wellbeing. Plus you can win some great prizes.

Check out our wellness portal today at livewellrmr.com

Register by downloading the WeSpire mobile app available in the iOs and Android app store. Look for WeSpire, use organization “RMR” and simply login from your mobile device. Follow the pop-up message to add the application to your homescreen.



LIFE AND DISABILITY

SunLife | Sunlife.com/us



Basic Life and AD&D Insurance

- Life Insurance protects your loved ones financially if something happens to you. The RMR Group provides Group Term Life and AD&D Insurance to benefits-eligible employees through SunLife.
- The employer-paid Life and AD&D Benefits are one times your annual earnings up to \$500,000.



Short Term Disability (STD)

- STD Insurance provides partial income replacement if you are disabled for up to 90 days. The RMR Group provides this coverage for benefits-eligible employees through SunLife.
- After a two-week waiting period, the STD benefit pays 66.67% of pre-disability pay, up to a maximum of \$2,500 per week.



Long Term Disability (LTD)

- LTD Insurance provides partial income replacement if you are disabled for more than 90 days. This coverage is provided by RMR for benefits-eligible employees through SunLife.
- The LTD benefit pays 66.67% of pre-disability pay up to a maximum of \$10,000 per month.



LIFE AND DISABILITY (CONTINUED)

SunLife | Sunlife.com/us



Tax Choice Long-Term Disability

- The RMR Group allows employees to choose whether to pay the premium themselves or to have The RMR Group pay their LTD premium for them.
- When employees pay their own premium, any LTD benefit payout is non-taxable. To pay the LTD premium, and receive a non-taxable benefit, be sure to elect "LTD Tax Choice" in ADP Workforce.



Optional Life and AD&D Insurance

- Employees may purchase Optional Life Insurance up to five times their salary to a maximum of \$1 million in \$10,000 increments through SunLife.
- Employees may also purchase Optional AD&D (accidental death and dismemberment) Insurance up to five times their salary to a maximum of \$1 million in \$10,000 increments. This benefit is not tied to the Optional Life and can be purchased independently.
- Employees who purchase coverage for themselves may also purchase coverage for their dependents.

You can review your Optional Life and AD&D rates and options via ADP. More information available at myrmrbenefits.com.



401(K) RETIREMENT SAVINGS PLANS

Financial Wellbeing | Principal.com

The RMR Group 401(k) plan was established to give employees the ability to save and invest for retirement through Principal. You choose how much of your paycheck to put into your account each pay period, and you decide how your money is invested.

The limit for 2025 is \$23,500 with an additional \$7,500 catch-up amount allowed for participants over 50 years of age. The RMR Group offers both Traditional 401(k) and Roth 401(k) investment options.

Contribution Options

Traditional 401(k)

- Allows employees to invest pre-tax money among mutual funds.
- No taxes are paid until you retire and withdrawals begin at 59.5 years old.
- Required distributions at age 73 years old.

Roth 401(k)

- Allows employees to invest money that has already been taxed among mutual funds.
- To make withdrawals, account must be at least five years old and participant must be 59.5 years of age.
- Avoid minimum distributions at 73 years old.

401(k) Employer Match

The RMR Group will match 100% of the employee contribution up to 3% of pay, and an additional 50% of the next 2% for each pay period in which a contribution is made.

Both the employee contributions and The RMR Group's matching contributions are vested immediately.



ACCIDENT INSURANCE

SunLife | Sunlife.com/us

Accident Insurance pays you a tax-free lump sum for unexpected injuries off the job. This payout can be used for anything you choose: medical bills, lost wages, groceries, paying other bills, or anything else you need! With Accident Insurance, you will receive payment for both injuries and follow up appointments. More information is available at myrmbenefits.com.

Coverage Options	Bi-Weekly Contributions
Employee Only	\$3.75
Employee + Spouse	\$5.96
Employee + Child(ren)	\$6.20
Family	\$8.41

CRITICAL ILLNESS INSURANCE

SunLife | Sunlife.com/us

Critical Illness insurance provides financial protection by paying a tax-free lump-sum benefit if you are diagnosed with a covered critical illness, with no waiting period. What's more, at RMR we are able to offer you this benefit at a low group rate with no medical questions.

This plan covers a range of illnesses: heart attack, stroke, major organ failure, cancer, and more. Rates for each option can be found when you enroll online.

In-Network Benefits	\$10,000 Pay Out (Spouse @ \$5,000 / Child(ren) @ \$5,000)			\$20,000 Pay Out (Spouse @ \$10,000 / Child(ren) @ \$10,000)		
	Employee	Spouse	Children	Employee	Spouse	Children
Age						
<25	\$1.29	\$0.65		\$2.58	\$1.29	
25-29	\$1.62	\$0.81		\$3.23	\$1.62	
30-34	\$1.85	\$0.92		\$3.69	\$1.85	
35-39	\$2.49	\$1.25		\$4.98	\$2.49	
40-44	\$3.69	\$1.85		\$7.38	\$3.69	
45-49	\$6.00	\$3.00	\$1.15	\$12.00	\$6.00	\$2.31
50-54	\$8.58	\$4.29		\$17.17	\$8.58	
55-59	\$11.95	\$5.98		\$23.91	\$11.95	
60-64	\$16.94	\$8.47		\$33.88	\$16.94	
65-69	\$23.45	\$11.72		\$46.89	\$23.45	
70-74	\$31.34	\$15.67		\$62.68	\$31.34	
75+	\$41.22	\$20.61		\$82.43	\$41.22	

Rates displayed are bi-weekly.

HOSPITAL INDEMNITY INSURANCE

SunLife | [Sunlife.com/us](https://www.sunlife.com/us)

Hospital Indemnity insurance will help employees with out-of-pocket medical costs incurred with a hospital stay. There are no health questions required to enroll. This plan includes coverage for hospital confinements due to accidents, sickness, mental and nervous disorders, substance abuse, routine pregnancy, complications of pregnancy, and newborn complications.

	Hospital/ICU Admission	Daily Hospital Confinement	Daily ICU Confinement
Cash Benefit	\$1,500	\$400 per day	\$400 per day
Duration	First night	15 days	15 days

Coverage Options	Bi-Weekly Contributions
Employee Only	\$10.86
Employee + Spouse	\$18.28
Employee + Child(ren)	\$15.50
Family	\$27.48



LEGAL AND IDENTITY THEFT

Employee Paid

RMR offers many other employee-paid benefits that eligible employees have access to all year.

Legal Assistance Plan

The Legal Assistance Plan provides coverage for a wide range of legal needs including consumer protection, debt-related matters, tax issues, adoption, divorce, wills, and estate planning. Users save an average of \$2,065 per legal matter.

ARAG offers two plans:

Plan	Cost Per Pay Period
Ultimate Advisor Plan	\$9.58
Ultimate Advisor Plus™ Plan	\$10.73

RMR offers two legal plans through ARAG - both include custody support, financial planning education, tax services, and trusts; however Ultimate Advisor Plus™ also offers caregiving services and child custody support and visitation.

To discuss your options, go to araglegal.com/myinfo (access code: 18663rmr) or contact ARAG at 800.247.4184.

Identity Theft Protection

Protect your family's privacy, identity, and finances with PrivacyArmor through InfoArmor – the most extensive identity protection plan available. When you enroll, InfoArmor will monitor, alert, restore and reimburse any consequences of identity theft.

Plan	Cost Per Pay Period
Employee only	\$4.59
Employee + 2 or more	\$8.28

This coverage includes a wide variety of monitoring support from identity and credit monitoring to social media monitoring, gives you digital exposure reports, and a \$1 million identity theft insurance policy to cover any out-of-pocket expenses, lost wages or legal fees. Go to myinfoarmor.com or call 800.789.2720 for more information.

More information available at myrmrbenefits.com.



ADDITIONAL BENEFITS

Employee Paid

Pet Insurance*

My Pet Protection is a voluntary insurance plan RMR offers to give your pet superior protection, through 24/7 access to a veterinary professional. With this coverage, you get 50%-70% back on vet bills when you visit any vet anywhere after a \$250 deductible, covering a maximum of \$7,500 in expenses per year.

The plan covers accidents, injuries, chronic illness, hereditary conditions, surgeries, and so much more. You can enroll in this benefit at any time throughout the year. Go to petinsurance.com/rmrgroup or call Nationwide at 877.738.7874.

Commuter Benefits

Commuter accounts allow you to set aside money to pay for travel expenses as part of your daily commute to and from work, on a pre-tax basis. Pick from the Commuter Transit Account to pay for public transit or the Commuter Parking Account to pay for parking.

This benefit renews monthly, so you can sign up at secure.optumfinancial.com every month, as you need it. More information is available on the benefit portal or at 877.292.4040.

*You can enroll or drop these coverages at any time. You do not need to wait for open enrollment to change these elections.



ADDITIONAL BENEFITS

Employer Paid

RMR offers many other employer-paid benefits that eligible employees have access to all year.

Matching Gift Program

The RMR Group will match your charitable monetary donations dollar-for-dollar, up to \$1,000 per employee per year. RMR will also match every 4-hours volunteered with a \$50 donation.

Business Travel Accident Insurance

Business Travel Accident Insurance coverage is provided to all benefit eligible employees through StarLine (US Fire). This employer paid insurance provides accidental death and dismemberment (AD&D) coverage while employees are traveling 100 miles from home for company business. Contact HR for more details.

RMR Discount on Sonesta Hotels

Visit the Discounts Directory on SharePoint for more information.

Adoption Reimbursement Benefit

The RMR Group will reimburse costs related to adoption, up to \$16,000 per adoption. Contact HR for more details.

PayActiv

Our Payactiv benefit gives you access to a percentage of the money you worked for but haven't been paid yet. The money that you access is then deducted from your next paycheck, giving you the flexibility to pay for things on your own schedule.

Tuition Reimbursement

The RMR Group will reimburse tuition costs up to \$20,000 per year. Contact HR for more details.

Employee Referral Bonus

Employees who refer candidates who are hired by The RMR Group will receive a referral bonus. Contact HR for more details.

Global Medical and Travel Emergency Assistance

Global Medical and Travel Emergency Assistance coverage is provided to all benefits eligible employees through Assist America. This coverage connects you to qualified healthcare providers, hospitals, pharmacies and other services if you experience an emergency while traveling 100 miles away from home or outside the country for up to 90 days.

Care.com

The RMR Group provides employees access to [Care.com](https://www.care.com), a resource that connects families with child care, senior care, special needs care, pet care, housekeeping, and tutors.

CONTACTS

Benefit	Carrier	Contact Information
<u>HMSA Medical, Dental and Vision</u>	HMSA	Website: hmsa.com Phone: 808-948-6079
<u>Dental</u>	Blue Cross Blue Shield of MA	Website: bluecrossma.org Phone: 800.358.2227
<u>Vision</u>	VSP	Website: VSP.com Phone: 800.877.7195
<u>Life Insurance</u>	Sun Life	Website: Sunlife.com/us/ Phone: 800.247.6875
<u>FSA</u>	Optum Financial	Website: secure.optumfinancial.com/portal/CC Phone: 877.292.4040
<u>401(k) Retirement</u>	Principal	Website: Principal.com Phone: 800.547.7754
<u>Benefit Advisors</u>	Health Advocate	Website: Members.HealthAdvocate.com Phone: 866.695.8622
<u>Medicare Advisors</u>	Malloy Advisors	Website: MalloyMedicare.com Phone: 800.933.8129
<u>Employee Assistance Program</u>	ComPsych with SunLife	Website: guidanceresources.com Phone: 877.595.5281 Organization Web ID: EAPBusiness Company Name: ABILI
<u>Pet Insurance</u>	Nationwide	Website: petinsurance.com/rmrgroup Phone: 877.738.7874
<u>Legal Assistance</u>	ARAG	Website: araglegal.com Phone: 800.247.4184
<u>Global Medical and Travel Emergency Assistance</u>	Assist America with SunLife	Within the US: 1-800-872-1414 Outside the US: 1-609-986-1234 Email: medservices@assistamerica.com Reference Number: 01-AA-SUL-100101
<u>Pre-Tax Commuter</u>	Optum Financial	Website: secure.optumfinancial.com/portal/CC Phone: 877.292.4040
<u>Identity Theft and Protection</u>	PrivacyArmor by InfoArmor	Website: myinfoarmor.com Phone: 800.789.2720
<u>Accident, Critical Illness, and Hospital Indemnity</u>	SunLife	Website: sunlife.com/us Phone: 800.247.6875
<u>Earned Wage Access</u>	PayActiv	Website: payactiv.com/FOR-YOU Phone: 1.877.937.6966

NOTES

[illegible]



2025/2026 Benefits Guide Hawaii

